## HEALTH, ILLNESS

1. What activities are unhealthy / harmful for people?
2. What food is healthy / unhealthy and why?
3. What should you do when you have a flu / a cold?
4. What do you do to keep fit and healthy?
5. How long do you usually sleep? Play PC games? Stay outside? (*It depends.....)*
6. Name some common illnesses / diseases. What illnesses are you vaccinated against?
7. If you fall down and hurt your wrist or an ankle, what should you do?
8. What can be people allergic to?
9. What is SUN SMART POLICY? Explain...
10. What kind of doctors and facilities do you know?